

# WIGGINS HIGH SCHOOL ATHLETIC HANDBOOK

*2011-2012*



## **SPORTSMANSHIP**

**“IT’S HOW YOU PLAY THE GAME”**

**Home of the State Champion Tigers**

### **Baseball**

1985  
1986  
2002

### **Boys Basketball**

1965  
1966

### **Football**

1999

### **Track**

2007 (Boys)

### **Wrestling**

1994      2000  
1996      2001  
1999      2002

### **Girls Basketball**

1992

In accordance with Federal law and the US Department of Education, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write to Superintendent, Wiggins School District RE 50-J, 320 Chapman Street, Wiggins, CO 80654 (970-483-7762). Wiggins School District RE 50-J is an equal opportunity provider and employer.

## **Nondiscrimination/Equal Opportunity**

In compliance with Titles VI & VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972; Section 504 of the Rehabilitation Act of 1973, the Age Discrimination in Employment Act of 1967, the Americans with Disabilities Act and Colorado law, Wiggins School District RE-50J does not unlawfully discriminate on the basis of race, color, sex, religion, national origin, ancestry, creed, age, marital status, sexual orientation, disability or need for special education services in admissions, access to, treatment, or employment in educational programs or activities which it operates.

Complaint procedures for Title IX and Section 504 have been established for students, parents, employees and members of the public. The following person(s) have been identified as the designated employee(s) to coordinate compliance activities for the districts:

As referenced in Exhibit ACE-E-1, specific complaints of alleged discrimination under Section 504 or the ADA (disability) should be referred to:

Superintendent of Schools  
Wiggins School District RE-50J  
320 Chapman Street  
Wiggins, Colorado 80654  
970-483-7762

As referenced in exhibit JBA-E, specific complaints of alleged discrimination under Title IX (sex) should be referred to:

Superintendent of Schools  
Wiggins School District RE-50J  
320 Chapman Street  
Wiggins, Colorado 80654  
970-483-7762

Persons may file a complaint of discrimination in accordance with policy AC-R. The person shall mail or deliver to the Superintendent of Schools a written statement setting out the alleged violations in specific terms, describing the incident of activity, the individuals involved, the dates, times and locations. See form ACE-E-2.

Complaints may also be filed with the Office for Civil Rights, U.S. Department of Education, Region VIII, Federal Office Building 1244 North Speer Boulevard, Suite 310, Denver, Colorado 80204.

All policies and forms referenced are available at [www.wiggins50.k12.co.us](http://www.wiggins50.k12.co.us) or at the District Office.

Revised: February 6, 2008  
Revised: November 5, 2008  
Revised: March 1, 2011

Wiggins School District RE-50J, Wiggins, Colorado

## **ATHLETE/PARTICIPANT RESPONSIBILITIES**

1. All athletes are to report for practice the day that the first call is made for that sport. He must advise the head coach of the excuse for not doing so.
2. If a participant has been in school, he/she must have permission from the head coach or sponsor to be excused from practice.
3. An athlete must be in school at least one-half day to participate in practice or competition for that day (one-half day constitutes four entire class periods).
4. Any athlete who leaves school after lunch will not be allowed to practice or play in a contest. Exceptions may be made for medical appointments, school activities, funerals, etc.; prior permission must be received from the Principal in order to participate.
5. Athletes are to report all injuries to their coach so that an injury report and insurance claim can be filed in the Principal's office.
6. Insubordination to coaches will not be tolerated and will result in loss of eligibility.
7. Athletes who are consistently and habitually tardy to practice may be removed from the squad.
8. Profanity by athletes or participants at any time, or in any situation, will not be tolerated and may result in removal from the squad.
9. It is the athlete's responsibility for maintaining proper conduct at all times which is a credit not only to them, but to Wiggins High School. Athletes who cannot control their actions at all school-related activities will be disciplined.
10. Athletes are to be well groomed and dressed according to coaches.
11. Each participant shall meet the requirements of age, attendance and scholastic eligibility as set forth by the Colorado High School Activities Association.
12. The following must be cleared before equipment will be issued an athlete allowed to practice.
  - a. A physical examination report on file.
  - b. A signed Parent/Guardian permission form on file.
  - c. Emergency Contacts--Parent/Guardian phone number, the name and phone number of someone else who can be contacted in case the Parent/Guardian cannot be reached, Family Doctor and phone number.
  - d. An Athletic Contract signed by both the parent and the participant.
  - e. Proof of insurance on file.
  - f. Participation Fee paid.

13. Athletes must travel in school provided transportation when going to away activities. Athletes may accompany only parents **or adult designees identified by the parents (and on record with the athletic director's office prior to the season) home from activities after parent/guardian/grandparent/adult designee have made face-to-face contact with the coach and have signed the bus check-off sheet that the head sponsor carries.**
14. Only in emergency or special circumstances will athletes be granted permission to travel other than on the bus to an athletic event. In such a situation, the parent/guardian should make a request at least one day before the scheduled event. Request should be made to the Coach who will relay to Athletic Director and Principal request will be granted or denied at his/her discretion.
15. The athlete is responsible for his/her uniform once it has been issued to the athlete. The athlete is responsible for turning in the same uniform and equipment that was issued. If the athlete fails to turn in all equipment issued, he will be charged replacement cost for the lost equipment and will not be allowed to participate in any other extra-curricular activities until said equipment is returned or paid for.
16. Ineligible participants may not ride the bus to away contests.
17. Coaches will hold parent/athlete meetings at the beginning of each sports season. Rules, expectations, and a brief overview of the program will be presented.
18. When a problem arises, the athlete and/or parent must first contact the head coach to resolve the problem. The Athletic Director will be the next person to be contacted if the problem is not resolved.
19. Student vehicles are to remain in the school parking lot and are not to be used to transport athletes to the Football or Baseball Fields.
20. If there is early dismissal of school due to weather, there will be no practice. If there is no school due to bad weather, practice will be held only with Principal/Athletic Director approval.
21. Athletes wanting to compete in more than one sport during the same season are not discouraged. Upon learning that an athlete would like to compete in more than one sport, a meeting will be set up involving the athlete, their parent(s), coaches of the sports involved and the Principal and/or Athletic Director. Items to be discussed will be practice schedule, contest priority, and overall feasibility. If at any time the athlete's name appears on the ineligibility list for having an F in a class, they will be asked to drop participation in one of the sports.
22. There shall be no school sponsored activity of any sort, including practices, camps, clinics, tournaments, etc. from and including December 24<sup>th</sup> through December 26<sup>th</sup>. Practice may resume on December 27<sup>th</sup> through December 31<sup>st</sup>. No Practice can be scheduled on January 1<sup>st</sup>.
23. No high school interscholastic contests, practices for interscholastic contests, camps, nor association between participants and coaches/directors of any activity from the student's school shall take place on Sunday at any time during the school year.

## **ELIGIBILITY**

Coaches are to go over eligibility requirements and the policies for Wiggins High School, CHSAA, and their program with athletes at the beginning of each sport season.

All policies and guidelines relating to eligibility as stated by CHSAA will be followed. These include but are not limited to the following:

1. The athlete must not be failing more than one class.
2. The athlete must not be 19 years old prior to August 1.
3. The period of eligibility is limited to eight consecutive semesters.
4. No athlete shall participate in more than four seasons in any one sport.
5. Nine-Day Team Practice Requirement--Each athlete must have had a minimum practice period of nine days (exclusive of Sundays) before competing in a scrimmage or contest.
6. Students must be enrolled in courses which offer a minimum of 2.5 Carnegie units of credit per semester (Five Classes).
7. Any athlete who fails two classes during the 2<sup>nd</sup> Semester may attend summer school and regain his eligibility for the fall sports season. Classes must be approved by the Principal and be in the same subject as the ones that were failed.

### Wiggins High School Eligibility Requirements

1. Wiggins High School will issue a weekly eligibility list to coaches during the season. Eligibility will be taken every Monday morning at 9:00 a.m. Those athletes with two or more failing grades will not be eligible for contests taking place the following Tuesday thru Monday.
2. Quarter grades will determine eligibility for the 1<sup>st</sup> week of the 2<sup>nd</sup> and 4<sup>th</sup> Quarters.
3. Eligibility is cumulative through the Semester.
4. A point system will determine if a student is eligible. If a student has 4 points or more they will be ineligible. D= 1 point F= 2 points
5. A student may be declared ineligible because of discipline or other infractions of school rules subject to approval of the Principal.
6. Suspension, unexcused absences, and truancies forfeit the right to participate in any activity that day or the following if it is a Saturday.
7. Students who are suspended will have 4% deducted from their grade immediately for every day suspended.
8. Ineligible athletes are not to travel with the team.
9. Home School students must turn in weekly eligibility forms to their coach on Monday. Failure to do so will make those students ineligible for that week (eligibility forms may be picked up at the Athletic Director's office).

## LETTERING POLICIES

### GENERAL GUIDELINES FOR ALL SPORTS

1. If an athlete is injured, the number of quarters, halves, games, points, etc. required for lettering will be reduced accordingly.
2. The athlete must finish the season in good standing.
3. The coaching staff reserves the right to letter an individual who has not met the lettering requirements and also reserves the right to not letter an individual who has met the lettering requirements.

VOLLEYBALL – A player must play in at least 25% of the regular season varsity matches or in one post season match.

FOOTBALL – A player must play in 25% of the varsity game quarters (18 of 36) to qualify for a varsity letter.

CROSS COUNTRY- Must finish the season as one of the top seven varsity runners.

BASKETBALL (GIRLS & BOYS) – Any athlete that plays in 25% of the regular season varsity quarters. Any athlete who plays in a varsity post-season game (District, Regional, State).

WRESTLING – Any Athlete who earns 26 varsity points during the season.

TRACK (GIRLS & BOYS) – Any athlete who acquires 20 points during the season or qualifies for State. Being ineligible for the week will result in the loss of 5 points toward lettering.

BASEBALL – Any athlete that plays in 25% of the regular season varsity innings. Any athlete who plays in a varsity post-season game (District, Regional, State).

SOCCER - Any athlete that plays in 25% of the regular season varsity halves. Any athlete who plays in a varsity post-season match (Regional or State).

### LETTER AWARD

- 1<sup>st</sup> Year--**W Letter** (only awarded the first time lettering in High School), Sports Emblem, Certificate
- 2<sup>nd</sup> Year--Bar, Certificate
- 3<sup>rd</sup> Year--Bar, Certificate
- 4<sup>th</sup> Year--Bar, Certificate

Manager/Statistician--**W Letter** (only awarded the first time lettering in High School), Manager or Statistician Pin (each year they letter), Certificate

## TRAINING RULES

1. For the benefit of the individual and every activity, it is necessary that certain rules be followed. The responsibility of abiding by these rules rests with the individual and the parents. Training rules will be enforced from the beginning of the first sport season of the school year and continue until the conclusion of the school year; and year round if a police conviction is involved.

- a. The use/possession of tobacco, alcohol and any illegal drug is prohibited.
- b. Attendance at parties or functions, where alcohol or illegal drugs are present and consumption of alcohol or use of drugs are the intent, is prohibited.
- c. For purposes of this policy, controlled substances include but are not limited to narcotic drugs, hallucinogenic or mind-altering drugs or substances, amphetamines, barbiturates, stimulants, depressants, marijuana, anabolic steroids, any other controlled substances as defined by law, or any prescription or nonprescription drug, medicine, vitamin or other chemical substances not taken in accordance with the Board policy and regulations on administering medicines to students.

Written in accordance with Board Policy JICH

### 2. Penalties

a. First offense – suspension for 30% of the number of scheduled contests the athlete would have participated in:

#### High School

Volleyball-----	6 Matches
Football-----	3 Games
Cross Country-----	3 Meets
Basketball-----	6 Games
Wrestling-----	9 Competition Points
Baseball-----	6 Games
Track-----	3 Meets
Soccer-----	5 Matches

#### Middle School

Volleyball-----	3 Matches
Football-----	3 Games
Basketball-----	4 Games
Wrestling-----	3 Dates
Track-----	2 Meets

(1). A sport season ends on the day of that sport's last contest and the following day is the first day of the next sport season. Example: A football team's last game was on October 31<sup>st</sup>; the next sport season begins on November 1<sup>st</sup> (If the athlete only plays football, his football season for the next year begins November 1<sup>st</sup>).

(2). If the number of suspended contests cannot be met during the sport season, penalties will be enforced during the athlete's next sport season, even if it continues into the next school year (an athlete must complete his/her next sport season to have fulfilled the penalty).

(3). Upon suspension, the athlete is expected to take part in all practices, meetings and team functions.

b. Second offense – Suspension for one calendar year.

c. Third offense – Suspension for one additional calendar year.

### 3. ATHLETIC COUNCIL (For Middle and Senior High School)

a. The Athletic Council will determine if a student is in violation of the training rules. There will be seven voting members as determined by a vote taken during the first teachers meeting of orientation week. The seven voting members will represent the following areas: one administrator, Athletic Director and 5 staff members. The Athletic Director is designated as the chairman of the Athletic Council.

Members: 2011-2012

AD- Nick Lueck

Principal- Trent Kerr

Coach –Casey Clay

Teacher MS- Amy Windsheimer

Drama- Linda Epple

Coach MS -Matt Sees

Teacher- Cassie Sonnenberg

### ATHLETIC FEES

#### 1. Athletic Fees for High School Students:

- a. **\$100.00 per athlete. (Regardless of the number of sports)**
- b. **The maximum amount a family would have to pay during the school year would be \$200.**

#### 2. Athletic Fees for Middle School Students:

- a. **\$65.00 per athlete. (Regardless of the number of sports)**
- b. **The maximum amount a family would have to pay during the school year would be \$200.**

## **AWARD - SENIOR ATHLETE OF THE YEAR**

At the conclusion of each year the coaching staff shall choose a Male and Female Senior Athlete of the year. The following criteria will be used to determine who the Senior Athlete of the Year will be: Based off of career at Wiggins.

### **Part I – Athletic Ability – 50%**

- a. Participation (Not as a manager) 1 pt
- b. Letter (Not as a manager) 2 pt
- c. All-Conference, District or Regional Champion 3 pt
- d. All-State or State Champion 4 pt

### **Part II – Character – 50%**

- 1. Practice Habits
  - a) To include work ethic, self-development, and attitude
- 2. Leadership
  - a) Motivates self and others; is perceived as a leader by teammates and is self-confident
- 3. Personal Qualities
  - a) Integrity, honesty, self control, moral values, dependability and sensitivity to others

Coaches are to rate each athlete using the criteria in Part II and using the following rating scale. Coaches are to rate only those athletes that have been participants in their athletic programs.

<u>Rating</u>	<u>Points</u>
Excellent	8-10
Good	5-7
Fair	2-4
Poor	0-1

## **AWARD - ACADEMIC ATHLETE**

At the conclusion of each year, any athlete that has participated in two or more sports and has maintained a 3.00 GPA will earn the Wiggins Academic Athletic Award.

## **AWARD - INDIVIDUAL AWARDS/PATCHES**

- 1. Students who earn All-Conference or All-State shall receive a patch that is purchased by the school. Team patches shall be purchased by athletics (State Champion Patches, Regional Champions, etc.). HM Patches will be paid for by athlete or individual program.

## ATHLETIC CONTRACT

Participants in all extra-curricular activities are very special students and by virtue of this, the participant must maintain very high standards. The participant represents Wiggins Middle/Senior High School whenever he/she participates in an activity. Whatever the participant does is a reflection not only upon himself, but on his family, school and community.

### **PART 1**

I realize that being a participant in extra-curricular activities is a very large responsibility and that all my actions are a reflection on my fellow participants, sponsor/coach, school family and community.

I have read the athletic handbook and agree to abide by all the rules and regulations and represent Wiggins High School to the best of my ability.

I realize that by signing this contract I agree to random drug testing.

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PARTICIPANT'S SIGNATURE

### **PART II**

I realize that my son/daughter, being a participant in extra-curricular activities, has a very large responsibility and that all his actions are a reflection on his fellow participants, coach/sponsor, school, family and community.

I have read the athletic handbook and agree to help enforce all the rules and regulations stated.

I realize that by signing this contract I agree that my son/daughter can be randomly drug tested.

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PARENT'S SIGNATURE

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DATE